

# Skateboarding



**SKATE**

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# Genesis of skateboarding



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**Skateboards firstly appeared in California in 50s. Skateboards were firstly made out of wooden crates with wheels and were later replaced by wooden decks. People in 50s were riding in empty pools and on the streets. In those times there were many injuries.**



# Skateboarding nowadays



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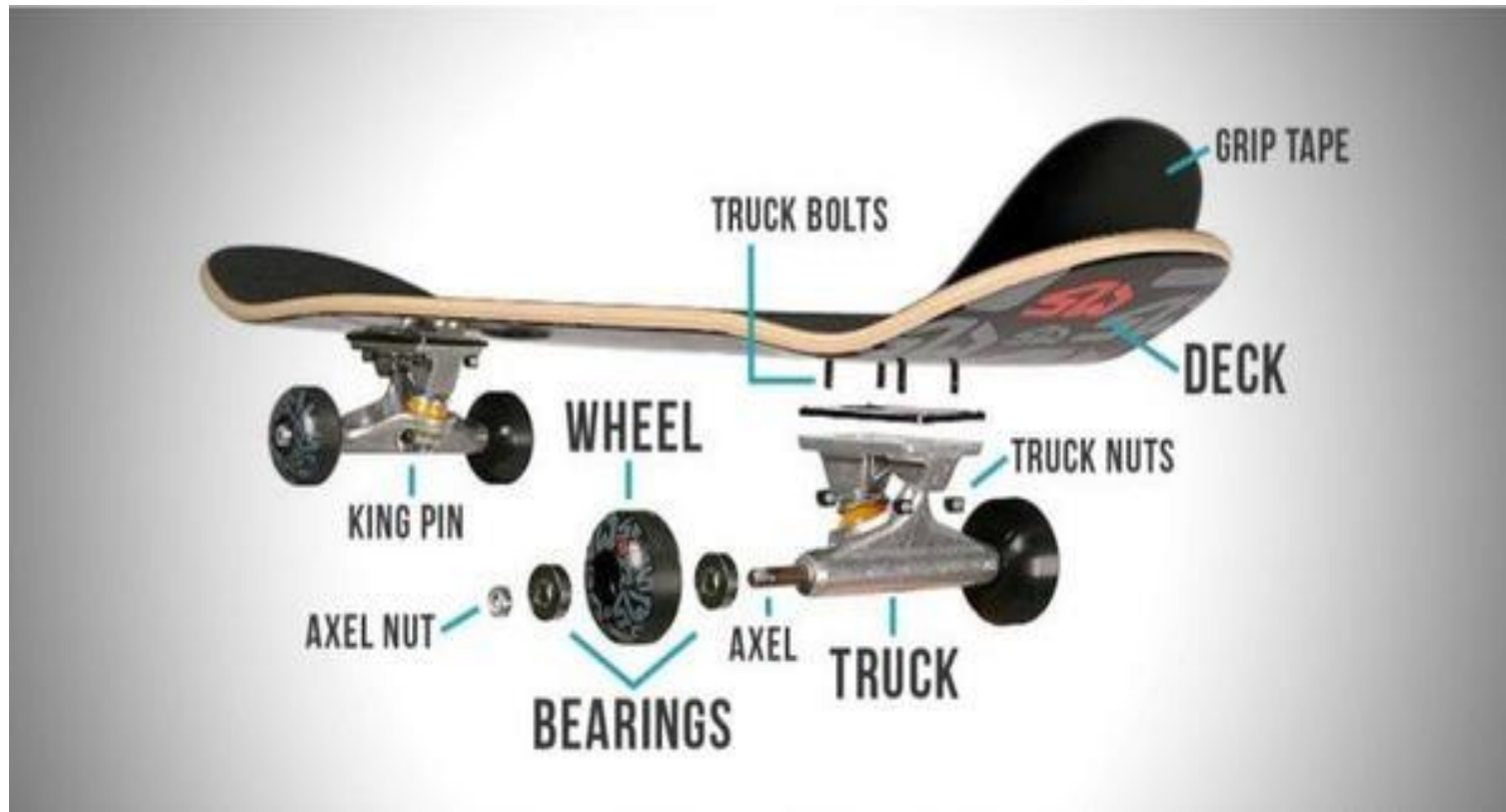
**In our days, skateboarding is slowly vanishing and replaced by scooters and BMXs. In small cities it can be impossible to find someone riding on skateboard.**



# Construction of skateboard



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# Foot positioning



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**DECK SIZE WIDTH**



**CONCAVE**

# Skateboard legends



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**Tony Hawk** - the most famous skater around the world, who also brought many tricks to skateboarding community.

**Rodney Mullen** - well known legend in skate - world, who invented: Darkslide and many more freestyle tricks.



# Styles of skateboarding



- **Freestyle**
- **Parkskate**
- **Streetskate**





# Board types



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**- Fishboard**

**- Longboard**

**- Regular Skateboard**





# Types of tricks



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- **Flatground;** tricks done without using ramps or any other objects to jump off.
- **Hillside;** tricks done using objects to bounce off or gain more speed.
- **Slide;** tricks done sliding of pipes, curbs, rails. They are called grinds in skate-language.



# Basic tricks

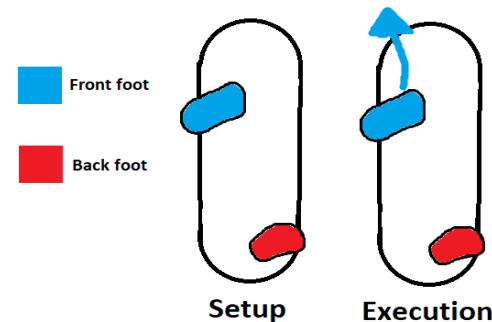
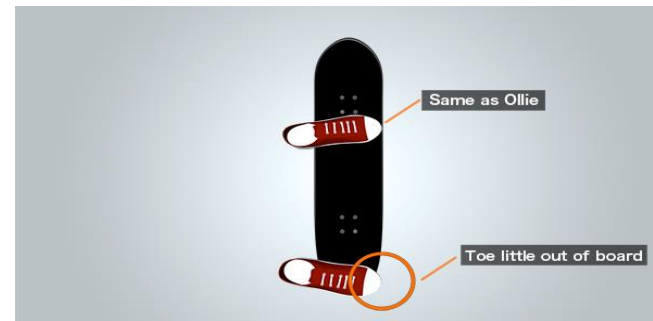
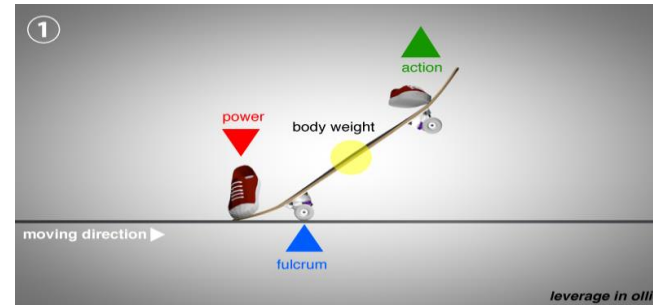


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- **Ollie**; easiest of all flatground tricks, its basically tossing the tail on the ground, so it can bounce and then sliding your front foot across the nose. Your toes of back foot are located on the tail, while your front foot is on the right bolts.

- **Shuvit**; little bit harder than Ollie, basicly 180 motion in horizontal position, which is done by twisting motion of your back foot and then jumping witch both feet when motion is complete. Your back foo is located on the tail, while your front foot is on the centre of the board.

- **Kickflip**; one of the hardest flatground flip tricks, basicly 180 mation in vertical position, which is done by moving your front foot across the left "gap" in the tail. Your foot positioning is the same as doing Ollie.



# Skateboarding gear



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- **protectors; optional, mostly for begginers to prevent from injuries.**
- **helmet; optional, mostly for doing hard trick while riding.**
- **skate shoes; must have, the most important part of your gear, normal shoes can easily wear of from moving your foot across the grip tape.**
- **stoppers; optional, only for learning new flatground tricks.**
- **skate wax; optional, only for grinding down a pipe or curb to decrease friction force.**



# Meaning of skateboarding



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**I personally think that skateboarding is a lot like art. There are no barriers stopping you from creating your own tricks. You don't need to stick to the ordinary riding, you can use other objects surrounding you, for example: rocks or benches. Richie Jackson is a perfect example of "art skateboarding". Thing that art and skateboarding have in common is that you can make something out of nothing.**



# Let's S K A T E together



## SKATE

**Bye bye, so long**